

# AUTUMN MENUS 2020

## Week One Dates 23.11.20 14.12.20

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	BBQ chicken Baguette with Salad	Cheese & Tomato Pizza with Jacket Wedges	Sausages with Roast Potatoes and Broccoli and Cauliflower with Gravy	Mac Cheese with Peas and Sweetcorn	Fish Fingers and Chips with Beans or Peas
Jacket Potato	Cheese & Beans or Tuna	Cheese & Beans or Tuna	Cheese & Beans or Tuna	Cheese & Beans or Tuna	Cheese & Beans or Tuna
Dessert	Lemon Cake	Chocolate Crispy Cake	Yoghurt Pot	Oat Biscuit	Jelly Pot
Packed Lunch	Cheese or Ham or Tuna	Cheese or Ham or Tuna	Cheese or Ham or Tuna	Cheese or Ham or Tuna	Cheese or Ham or Tuna

## Week Two Dates 30.11.20

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Tomato & Basil Pasta Pot	Beef Burger in a Bun with Jacket Wedges	Roast Chicken, with Roast Potatoes, Peas, carrots and Gravy	Pasta Carbonara Pot with Mixed Vegetables	Fish Fingers with Beans or Peas
Jacket Potato	Cheese & Beans or Tuna	Cheese & Beans or Tuna	Cheese & Beans or Tuna	Cheese & Beans or Tuna	Cheese & Beans or Tuna
Dessert	Banana Cake	Ginger Biscuit	Jelly Pot	Chocolate Brownie	Shortbread Biscuit
Packed Lunch	Cheese or Ham or Tuna	Cheese or Ham or Tuna	Cheese or Ham or Tuna	Cheese or Ham or Tuna	Cheese or Ham or Tuna

## Week Three Dates 7.12.20

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Mac Cheese with Peas and Sweetcorn	Meatball Sub with Salad	Roast Chicken with Roast Potatoes and Mixed Vegetables and Gravy	Sausage and Mashed Potatoes and Beans	Fish Fingers and Chips with Beans
Jacket Potato	Cheese & Beans or Tuna	Cheese & Beans or Tuna	Cheese & Beans or Tuna	Cheese & Beans or Tuna	Cheese & Beans or Tuna
Dessert	Vanilla Muffin	Jelly Pot	Flapjack Biscuit	Carrot Cake	Chocolate Cookie
Packed Lunch	Cheese or Ham or Tuna	Cheese or Ham or Tuna	Cheese or Ham or Tuna	Cheese or Ham or Tuna	Cheese or Ham or Tuna