

Grove House Infant and Nursery School

and

King's Park Infant School

FEDERATION



PHYSICAL EDUCATION POLICY

2017

Adopted by Governors and Staff on

Reviewed on

Physical Education Policy

Grove House Infant and Nursery School and King's Park Infant School Federation (The Federation), believes that physical education develops pupils' physical competence and confidence. Physical Education provides opportunities for the children to be creative, enjoy sport, build their physical co-ordination, social skills, work as individuals and as part of a team, rise to challenges, learn about important values, and compete in a safe environment. Through providing a balance of individual, team, cooperative and competitive activities. Our PE curriculum will cater for children with a variety of ability and needs.

We want to promote the pleasure and enjoyment that pupils can gain from physical activity and to enable them to lead a healthy, active lifestyle for the rest of their lives.

The Federations Physical Education Subject Leader and Co-ordinator is Sharon Nicholls.

Physical Activity Aims and Objectives

We believe that both schools have an important part to play in promoting the importance of physical activity. Our aims as a school are to:

- Make PE and school sport enjoyable and accessible for all children.
- Encourage pupils to enjoy and show a positive attitude towards physical activity, sport and learning.
- Give the pupils a variety of different sporting and physical activity experiences.*
- Promote safe practice.

For the children to:

- Acquire and develop a range of skills in all aspects of PE.
- Select and apply skills, tactics and compositional ideas.
- Evaluate and improve performance.
- Work as an individual and part of a team.
- Understand that exercise is an essential part of a healthy lifestyle.
- Develop a lifelong love of sport and physical activity.

How our Schools Promote Physical Activity and School Sport

Our approach includes a range of activities

Within class time these include:

- Delivering a well-planned and balanced PE curriculum (to include dance, gymnastics and games) which all children can access at the appropriate level.
- Providing children the opportunity to take part in other physical activities such as athletics and outdoor adventurous activities (OAA).

* For more information please refer to the Equal Opportunities and Gifted and Talented Policy.

As a school these include:

- Providing a variety of equipment to encourage children to be active at playtimes and lunchtimes.
- Celebrating the children's sporting successes at our weekly celebration assembly by giving out SportyPaws Certificate.
- Annually taking part in and running a wide range of activities WNDSP.
- Making use of specialist coaches to offer the children different experiences.
- Providing a range of after school sports clubs.
- Ensuring all teachers have up to date PE training courses.
- Encouraging pupils to offer their ideas and opinions through School Council meetings.

With parents and in the wider community these include:

- Inviting parents to attend sporting activities and watch displays.
- Linking with other local schools in our cluster to attend sporting events.
- A notice board promoting healthy lifestyles and PE at schools. They are used to support subject knowledge and to inspire pupils to achieve.

Entitlement

The schools provide the following time for high quality physical activity per week for all children. All teachers will ensure that all National Curriculum areas are covered over the year in delivering a broad and balanced curriculum.

Reception Class:	1 x 45 minutes in a PE Lesson by PE Co-ordinator. As well as physical development within the continuous provision set out in class.
Year 1:	2 x 45 minutes lessons (1 by teacher, 1 by PE Co-ordinator)
Year 2:	2 x 45 minutes lessons (1 by teacher, 1 by PE Co-ordinator)

Safe Practice

Health and Safety awareness is an integral part of children's learning in PE. Use of external personnel including sports coaches and volunteers will be in line with schools policy on CRB/Staffing checks.

Teachers ensure that:

- Children are aware of the rules about the safe use of equipment.
- Children behave in a manner which is conducive to a safe working environment.
- Gymnastic equipment is checked annually for safety.
- Cultural and social needs will be respected wherever possible so long as the health and safety of the pupil and other pupils in the group is not jeopardised in any way.
- Children are supervised by members of staff whilst changing.

Parents/carers and children should be aware of the following:

- No jewellery to be worn at all (if ear studs cannot be removed they should be taped up by the child or their parent).
- Long hair should be tied back.
- A full change of appropriate clothing is required.
- Verruca's – bare feet. Plimsolls if painful.
- Gymnastics will be done in bare feet.
- Trainers required for all inside and outside sports such as games and athletics as plimsolls are not suitable for the outside.

Assessment and Recording

Every teacher and PE Co-ordinator is continually assessing every child's progress against the National Curriculum level descriptors throughout the year. These assessments are made by watching (photographic evidence), listening and questioning the children. Parents are given the opportunity to discuss their child's progress at parent's evenings. Assessment informs planning by identifying children's future learning needs.

Equal Opportunities and Inclusion

The National Curriculum provides staff with the flexibility to respond to the needs of all pupils, including those with identified special needs. No child will be excluded from any PE activities taking place in the school. On the grounds of physical disability or gender providing there is adequate support and it is safe to do so. We will strive to offer as many activities as possible to all children.