

SPRING/SUMMER MENUS 2019

KINGS PARK INFANT SCHOOL

Week One Dates 22/04/19 – 13/05/19 – 03/06/19 – 24/06/19 – 15/07/19 – 05/08/19 – 26/08/19 – 16/09/19 – 07/10/19

Primary Menu Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Beef Burger in a Bun & Homemade Wedges	Cottage Pie	Roast Pork & Yorkshire Pudding with all the Trimmings	Homemade Chicken Casserole & Mash	MSC Fish Fingers & Chips
Vegetarian Main Meal Option	Veggie Burger in a Bun & Homemade Wedges	Cheesy Wholemeal Margherita Pizza (v)	Quorn Roast & Yorkshire Pudding with all the Trimmings	Tomato, Vegetable Sausage & Macaroni Bake	Vegetable Nuggets & Chips
Vegetable Selection	Sweetcorn & Carrot Sticks	Broccoli	Cauliflower & Peas	Carrots & Mixed Vegetables	Garden Peas & Baked Beans
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans				
Pasta Option	Pasta with a Tomato Sauce	Pasta with a Cheese Sauce	Pasta with a Tomato Sauce	Pasta with a Cheese Sauce	
Dessert	Lemon Cake Slice with Custard	Chocolate Crispy with Sultanas	Iced Toffee Yoghurt with Banana Slice	Jam Sponge with Custard	Ginger Biscuit with Orange Slices

Week Two Dates 29/04/19 – 20/05/19 – 10/06/19 – 01/07/19 – 22/07/19 – 12/08/19 – 02/09/19 – 23/09/19 – 14/10/19

Primary Menu Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Traditional Sausage & Mash	Italian Style Chicken served with Wholegrain Pasta	Roast Chicken & Stuffing with all the Trimmings	Minced Beef & Onion with Savoury Rice	MSC Fish Fingers & Chips
Vegetarian Main Meal Option	Vegetable Sausage & Mash	Margherita Pizza	Quorn Roast & Stuffing with all the Trimmings	Vegetable Mince & Onion with Savoury Rice	Quorn Fajita & Chips
Vegetable Selection	Carrots & Mixed Vegetables	Broccoli & Garden Peas	Savoy Cabbage & Sweetcorn	Green Beans & Carrots	Garden Peas & Baked Beans
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans				
Pasta Option	Pasta with a Tomato Sauce	Pasta with a Cheese Sauce	Pasta with a Tomato Sauce	Pasta with a Cheese Sauce	
Dessert	Ginger Sponge with Custard	Frozen Strawberry Yoghurt & Apple Slices	Fruity Flapjack with Custard	Oaty Biscuit with Fruit Wedges	Chocolate Muffin

Week Three Dates 06/05/19 – 27/05/19 – 17/06/19 – 08/07/19 – 29/07/19 – 19/08/19 – 09/09/19 – 30/09/19 – 21/10/19

Primary Menu Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	British Red Tractor Pork & Beef Meatballs in Tomato Sauce served with Pasta	The Great British Breakfast Sausage, Bacon, Hash Brown, Beans & Roasted Tomato	Sausage in a Yorkshire Pudding with all the Trimmings	Pasta Bolognese & Garlic Bread	MSC Fish Fingers & Chips
Vegetarian Main Meal Option	Quorn Meatballs in Tomato Sauce	Mac 'n' Cheese	Veggie Sausage in a Yorkshire Pudding with all the Trimmings	Veggie Bolognese & Garlic Bread	Bhaji Burger served with Chips
Vegetable Selection	Garden Peas	Carrots & Sweetcorn	Spring Cabbage & Mixed Vegetables	Cauliflower & Sliced Green Beans	Garden Peas & Baked Beans
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans Salmon & Mayonnaise Available Friday				
Pasta Option	Pasta with a Tomato Sauce	Pasta with a Cheese Sauce	Pasta with a Tomato Sauce	Pasta with a Cheese Sauce	
Dessert	Sticky Toffee Pudding with Custard	Chocolate Crunch with Custard	Oaty Biscuit with Banana	Fresh Carrot Cake with Icing Glaze	Jelly & Fruit

Packed Lunch Option

Fresh Bread, Salad Bar, Fresh Fruit and Yoghurts Available Daily